

(888) 53-SAFETY

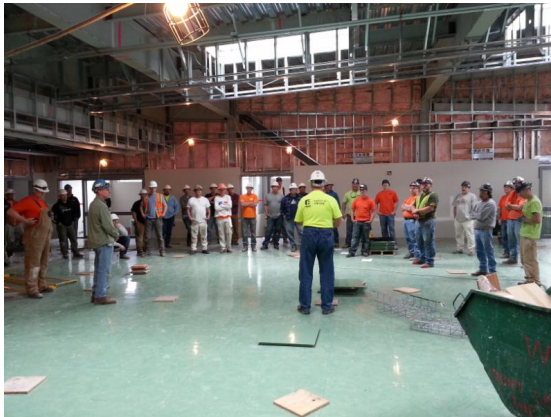
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UPCOMING TRAINING SCHEDULE ANNOUNCED

****Star Project****



Among the dozens of projects SafetyMetix LLC inspects as part of our third-party services we had a rarity such as perfect game in baseball- a 100% compliance score using our custom-built scoring matrix. Congrats to the project team at Fred Meyer in Shoreline, WA for a great accomplishment!

OSHA 10

Portland, August 6, 7 Associated Builders [REGISTER](#)

Portland, October 8, 9 Associated Builders [REGISTER](#)

Portland, December 3, 4 Associated Builders [REGISTER](#)

Portland, February 4, 5 Associated Builders [REGISTER](#)

Watch for announcements for training in Bend, Eugene, and Seattle.

Also check back to safetymetix.com for free online webinars.

THE HEAT IS HERE!

It's that time! Most states require some form of Heat Illness Prevention Program, so make sure yours is in place, up to date, and effective.

There are many resources available for Heat Illness prevention plans, state requirements, signs of heat stress, what to do in cases of heat stress, and other topics. Visit this page for some helpful web resources:

CLICK HERE

Words of Motivation



The respected Native American chief of the Nez Perce nation once said: "Good words do not last long unless they amount to something." Therein lies the key to motivation: meaningful words. When words fail to register in the heart of someone else, they have no incentive to act on them. The key then, to effective motivation is to find words that really amount to something.

In the world of Safety, finding those words is a daunting challenge. Often, they are rehashes of words everyone has heard before. "Safety is Job One!" for example. But is

it? In our work with dozens of companies, words like that ring hollow because they don't amount to anything. Slogans have no impact anymore unless they make a connection with the person on a deep emotional level. It's like trying to listen to a station on the radio (if you do that anymore) without having it tuned in. The message is jumbled in static and sounds the same, much like the mattress commercials on TV.

So here's some techniques to make your words relateable and that "amount to something":

- Take time to listen to others. Find out what they live to do, what they are deeply committed to.
- In conversation, rephrase their expressions in similar, but different contexts, so they know you were listening.
- Offer to help them reach their mileposts by partnering with them. "I'm here for one reason: That's to make sure you get to hold your (family member, pet, fishing pole, bowling ball, golf club, whatever) tonight, and every night you leave your job."
- Follow up on their journey. "How are the (kids, spouse, fishing pole, dog, etc.)? There's no substitute for personal interest in the chemistry of motivation.

If you're concluding that there's no single motivational phrase that will work for everyone, you're right. Motivation is as personal and as individual as there are individual thinkers. It's the personal interest in someone else's journey that others respond to. As has been wisely said, "People often forget what you say, but rarely forget that you care."

Chief Joseph had it right. Make your words amount to something and you'll find cooperation and motivation happening on a higher level than you imagined. Use the human touch to reach the human heart. . . and that's a major step in achieving a safe workplace.

Silica: Don't Be Fooled Into Thinking

that just because the regulators haven't totally figured out how to enforce the standard, that there's is time to fiddle around. There isn't.

Numbers Don't Lie

Since Sept. 23, 2017 there have been 116 silica violations cited. 35 cases were due to employers failing to measure silica exposure levels (29 C.F.R. 1926.1153(d)(2)(i)). Another frequently cited violation, with 31 violations, is incorrectly following Table 1's procedures (29 C.F.R. 1926.1153 (c)(1)), intended to reduce silica exposure.



OSHA issued its first citation Nov. 8 and through the end of the year cited just 20 violations. In February, 50 violations were cited, followed by 19 in March. Serious violations, which eighty percent of the cases were classified as, accounted for 80% of the citations. Serious citations, before any settlements, can be as high as \$12,934 *per violation*. More important than that, fatalities from silicosis are happening, the youngest on record to a worker 19 years old.

While ALL industries who have any possible exposure to silica must comply with the new rules, the construction industry is the targeted occupation. General Contractors can be held responsible for the actions of their subcontractors, which could make violations a very serious risk.

NOTE: While Table 1, issued by OSHA, is a tool that gets employers around the monitoring requirements, the rule (29 CFR 1926.1153(c)(1) requires that "(1) For each employee engaged in a task identified on Table 1, the employer **shall fully and properly implement the engineering controls, work practices, and respiratory protection specified for the task on Table 1**, unless the employer assesses and limits the exposure of the employee to respirable crystalline silica in accordance with paragraph (d) of this section." And there's the catch. **Fully and properly implement. . .**

Recommendation: Review with a critical eye your silica exposure prevention plan. Make sure, if Table 1 is your choice, it is fully and properly implemented. If you are a General Contractor, make absolutely sure your subs know how to fully and properly implement the provisions of Table 1. Lastly, don't be lulled into thinking that it's too expensive to do so. Compare the cost of Table 1 implementation with the costs of a full-on respiratory protection program complete with medical surveillance and recordkeeping for Last Known Exposure + 30 Years.

Of course, we are ready to help. It's complicated, but can be done. There's tons of resources to make it happen, and we're ramped up to lend a hand.,

From Steve. . .

What Is A SafetyMetix??

A company with whom we recently interviewed asked me that question, and I had to laugh at myself because you know? I couldn't really answer with anything except it's a play on words. . . The real "medics" in life, our First Responders, are the ones that can really make a difference in life and death. While I freely admit we aren't, for the most part, in the life-or-death scenario, thankfully, we do see ourselves contributing to the health and welfare of both employees and companies who employ them. And, we can fix serious problems that companies face as compliance becomes more complicated. SafetyMetix LLC for you, will always mean dedicated service with the highest ethics to protect your people- resulting in the protection of your hard-earned profits.

Safety Steve

Visit our website

What Can We Do For You?

We are constantly querying our clients about what we can do for them, what other services they need, what have we done wrong, who do we need to reach out to, and many other questions. We really try to listen, even when there's criticism in the conversation. We're on your team. . . in the constant quest to do better, we listen to our team leaders, and that's our clients.

Recently, it was suggested we add a Human Resource component, specifically addressing employee qualifications and character integrity. We're looking into that, even partnering with quality providers to bring these products to you. Others suggested a larger presence in Seattle and Central Oregon. We're investigating those possibilities as well. We've gotten rave reviews on our metric systems that score the on-site performance of the safety system. In other words, how much of the company's safety effort is actually making it to the pavement? We build those programs individually for our clients and they are extremely useful for safety meetings and management goal setting. What do you think? Call us or respond at sfowler@safetymetix.com.

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